

AFFECTIVE COMMUNICATION / EMOTIONAL INTERACTION



About the DYNAMIC PROCESS within
GROUP-ANALYTICAL PRACTICE



SUMMARY

- INTRODUCTION
- WHAT was THOUGHT about this SUBJECT PREVIOUSLY
- THE CONTRIBUTIONS from the DEVELOPMENT PSYCHOLOGY and the AFFECTIVE NEUROSCIENCES
- SOME IMPLICATIONS TOWARDS A PSYCHO-NEUROBIOLOGICAL MODEL



EMOTIONAL/AFFECTIVE INTERACTIONS (I)

- COMMUNICATION
 - RELATION
 - CONFIGURATION
- CENTRALIZATION of AFFECTIVE
FUNCTIONS
- The UNCONSCIOUS CORE is a PSYCHO-
BIOLOGICAL AFFECTIVE CORE (Allan Schore,
1994)



EMOTIONAL/AFFECTIVE INTERACTIONS (II)

- The Human Development:
Experience Abilities // Communications
Capacities // Emotional Regulation
- The Early Interactions Brain \Leftrightarrow Social
Environment are mediated by:
Affective Communications and
Psychobiological Transactions



EMOTIONAL/AFFECTIVE INTERACTIONS (III)

PRODUCTS FOR EMOTIONAL GROWTH:

- EMERGENCY OF HIGHER COMPLEXITY ON
AFFECT-REGULATION
- SHIFT FROM EXTERNAL REGULATION TO
INTERNAL REGULATION
- ACHIEVING for na ADAPTABLE CAPACITY
- AFFECT'S SELF REGULATION



EMOTIONAL/AFFECTIVE INTERACTIONS (IV)

■ PSYCHO-PHYSIOLOGIC PROCESSES:

PSYCHO-NEUROBIOLOGIC SYNTHONY

INTERACTIVE RESSONANCE

MUTUAL SYNCHRONIZATION

EMBRACING of PSYCHOBIOLOGICAL
RHYTHMS



ORBITAL-FRONTAL CORTEX

- Non-verbal affective lexicon
- The emotional processing with contextual space and global thinking, as well, a processing of all non-verbal and socio-emotional information
- Integration of the information starting from the body.
 - “Cognitive-emotional interactions”



Towards a PSYCHO- NEUROBIOLOGICAL MODEL

PRIMARY ATTACHMENT PROCESS

INTERACTIVE MENTAL REPRESENTATIONS
CODIFIED into IMPLICIT and PROCEDURAL
MEMORIES (Amini et al. 1996)

IMPLICIT-PROCEDURAL LEARNING (Hugdhal, 1995;
Rolls, 1996) NON-VERBAL PROCESSES (Shore, 1994)
and EMOTIONAL-RELATED (Rolls et al., 1994) ⇒
⇒ “IMPLICIT RELATIONAL KNOWLEDGE”
(Stern et al., 1998)



AFFECTIVE DEVELOPMENT

- CONSCIOUS SELF-REFLECTION
- “THINKING PART of the EMOTIONAL BRAIN” (GOLEMAN, 1995)
- “An INTERNAL REFLECTION and ORGANIZING AGENCY” of the Mental Apparatus (KAPLAN-SOLMES, K. & SOLMS, M., 2000)